

# Itinerary

## 16NB

### Sunshine - Qualifier

March 3 - 5, 2023

In Case of Emergency Contact Your Coach

#### Key Locations & Maps

**AIRPORT:** Orlando International Airport; 1 Jeff Fuqua Blvd, Orlando, FL 32827

**HOTEL:** Hyatt Place Orlando I-Drive/Convention Center; 8741 International Drive, Orlando, FL

**VENUE:** Orange County Convention Center; 9400 Universal Blvd, Orlando, FL 32819

#### Thursday – March 2, 2023

*Players must wear EMV warm ups and running shoes if flying. If flying your EMV backpack is your carry on, ALL uniform items, including shoes, must be in your EMV backpack.*

Parents are responsible for transportation to/from airport & hotel

**10:00 PM** Curfew – Lights off/TV off/Parents take player cell phones

#### Friday – March 3, 2023

##### AM WAVE

**6:15 AM** Breakfast at hotel

**6:30 AM** Coaches, players, & parents meet in lobby for transportation to tournament site.

**10:00 PM** Curfew – Lights off/TV off/Parents take player cell phones

##### PM WAVE

**11:00 AM** Lunch at hotel

**12:30 PM** Coaches, players, & parents meet in lobby for transportation to tournament site.

**10:00 PM** Curfew – Lights off/TV off/Parents take player cell phones

#### Saturday – March 4, 2023

**TBD** Breakfast at hotel

**TBD** Coaches, players, & parents meet in lobby for transportation to tournament site.

**10:00 PM** Curfew – Lights off/TV off/Parents take player cell phones

#### Sunday – March 5, 2023

**TBD** Breakfast at hotel

**TBD** Coaches, players, & parents meet in lobby for transportation to tournament site.

**6:00 PM** **NO RETURN FLIGHTS BEFORE 6PM**

## Important Notes

- **Players must wear EMV warmups, black practice shirt, & running shoes on plane.**
- **Your EMV backpack is your carry-on.**
  - **All uniform items must be carried on (including shoes) in case of lost luggage**
- *Parents are responsible for transportation to and from airport and hotel.*
- *Player should arrive at hotel no later than 8:00 pm on the night prior to the start of the tournament.*
- **You are a representative of your CLUB, your TEAM, your COACH, and YOURSELVES – make sure you make the BEST impression you can!!**
- *Be on time...don't be late.*
- **Proper and respectful behavior is expected at all times!!**
- **No player is EVER allowed outside of the hotel or playing venue alone.**
- *Curfew is the exact time on the itinerary...NO EXCEPTIONS!!*
- *Drink lots of water the entire trip (start 2 days before departure)*
- **Proper dress is expected at all times.**
- *No swimming or getting in the hot tub for any reason.*
- **Do not use the phone in your room.**

## Tournament Packing List

### *Packing Checklist:*

- Shoes*
- 2 pair adidas Socks*
- 2 pair adidas Spandex*
- Gold Short Sleeve Game Jersey*
- White Short Sleeve Game Jersey*
- Blue Short Sleeve Game Jersey*
- Black Hitting Tee*
- Royal Hitting Tee*
- Warm Up Pants & Jacket*
- Cover Shorts*
- Sports Bras*
- Kneepads*
- Ankle braces (if worn)*
- Backpack*
- Water Bottle*
- Appropriate clothing for "down" time*
- PJ's*
- Toiletries*
- Face Mask*

### *What NOT to Bring:*

- No Candy, No Unhealthy Snacks, No Sodas or Energy drinks of any kind*

## Sample Daily Schedule

### AM SCHEDULE

- 5:15 AM** Wake-Up Call
- 5:45 AM** Breakfast at hotel
- 6:00 AM** Coaches, players, & parents meet in lobby for transportation to tournament site
- 11:00 AM** Lunch at Convention Center
- 2:00 PM** Coaches, players, & parents return to hotel
- 6:00 PM** Dinner at hotel
- 10:00 PM** Curfew – Lights off/TV off/Parents take player cell phones

### PM SCHEDULE

- 8:00 AM** Wake-Up Call
- 8:30 AM** Breakfast at hotel
- 9:15 AM** Meet in Coach's room for game film review and to discuss lineups/game strategies
- 11:00 AM** Lunch at hotel
- 12:30 PM** Coaches, players, & parent reps meet in lobby for transportation to tournament site
- 6:00 PM** Dinner at Convention Center
- 8:00 PM** Coaches, players, & parent reps meet in lobby for transportation to hotel
- 10:00 PM** Curfew – Lights off/TV off/Parents take player cell phones

## Venue Information

<https://usavolleyball.org/event/2023-sunshine-classic-girls-qualifier/>